

Please join the Special Education Parent Advisory Groups (SEPAG) of Ogdensburg, Franklin, Wallkill Valley Regional High School, and Hamburg for a free parent virtual workshop

## Helping Students Cope with the Stress of Covid 19 and Remote Learning



Presented by Bernie Ivan, LCSW  
and founder of Strength for Change

**Tuesday, December 8th at 7:45**

Join Zoom Meeting using the link below:

<https://zoom.us/j/91402321929?pwd=dVloQUxNRVVZTEU4TVVFeWVaNVprUT09>

Or go to Zoom.com and use Meeting ID: 914 0232 1929 and Passcode: 5C0k6b

Please Contact Leanne Paolazzi with any questions at [lpazolazzi@obboe.org](mailto:lpazolazzi@obboe.org)